

# SWE- SD JANUARY EVENT

## Starting the Year Off Right: Setting and Keeping Your Goals & Resolutions

By: LeShema Blake

Sponsored by : SDG&E



An employee development professional will share information about how you can go about creating new attainable goals for yourself at work and at home:

- Organizing and planning your goals.
- How to set up your goals, so they work for you.
- How to work multiple goals at one time.

**Date:** Thursday January 14<sup>th</sup>

**Time:** 5:30 -7:00pm

**Location:** SDG&E Headquarters, 8306 Century Park, Bldg 6, San Diego, CA 92123

(corner of Kearny Villa and Balboa)

**Refreshments will be provided**

For more information, please visit:

[www.swesandiego.org](http://www.swesandiego.org)

**PLEASE RSVP BY Monday, Jan 11**  
**Briana Erickson, (808) 344-2859**  
**bmericks@gmail.com**

[Please indicate name of your employer]

### **About the presenter:**

**LeShema Blake** works for SDG&E in employee development and previously as a human resources manager. She started her HR career over 10 years ago at one of the major defense contractors in San Diego.